

Troubled links stat

SOME 58 per cent of people in Ireland know someone affected by mental health issues, a new survey has revealed.

The data, collected by Royal London, also showed that 64 per cent of females knew someone, compared to just 52 per cent of men.

Colette Houton from Royal London said one of the reasons may be “the social, professional and personal pressures we increasingly live with”.

She added: “It could also be that, as a nation, we are more aware of the importance of mental health and are getting more comfortable with addressing the topic.”

